

Congratulations to Dr Michael Tutuola on passing his recent exam. The Simulated Consultation Assessment is one of the two final exams that is taken in order to complete GP training. The purpose of the SCA is to assess a GP trainee's ability to integrate and apply skills appropriate for general practice.





MEET THE TEAM.

Warm welcome to Dr Dina Shehawi ST1 who has joined the team as part of her ongoing training towards becoming a GP. She will be with us until August 2024.





Apprenticeship Opportunity

receptionist apprentice –

- working towards business admin level 3 qualification.
- Apprentice wage
- would suit a school leaver looking for a career in Primary Care.

Please bring your CV into reception

STATISTICS

Here are the incoming phone call and Online Accurx statistics for reception.

JANUARY 2024



Total Volume Calls: 4783
Total Accurx Online: 3194

FEBRUARY 2024



Total Volume Calls: 4126

Total Accurx Online: 2940



Wednesday 13th March 2024 is No Smoking Day which is an annual health awareness day in the United Kingdom intended to help smokers who want to quit smoking. This campaign aims to help people quit smoking by reminding them of the harms and signposting to support.

National No Smoking Day was first observed in 1984, with the primary aim of highlighting the health risks associated with smoking and assisting smokers in their journey to quit.

If you smoke, now is the perfect time to give quitting a go and feel the benefits – from better health to saving money.

There are around 5.4 million adults in England who still smoke, and it remains the leading preventable cause of premature death. Stopping smoking is one of the best things smokers can do for their health, and it's never too late to quit.

There are so many reasons to quit— even if you've smoked for many years or you've tried before. Not everybody manages to quit first time around. The important thing is giving it a go. Each time you try it is another stepping stone to success. It's never too late to quit. Make today the start of your body's recovery. #TodayIsTheDay and #NoSmokingDay



Healthy Lifestyles is a great local service to utilise, they offer many support services including stopping smoking.

Did you know in as little as 20 minutes after a person smokes the last cigarette, the heart rate drops and begins to return to normal. Blood pressure begins to drop, and circulation may start to improve.

If you would like support with what the Healthy Lifestyle team offer please contact by calling 01724 298212,

emailing nlc.healthylifestyles@nhs.net

Brain Tumour Awareness Month is a dedicated initiative to raise public consciousness about brain tumours, both malignant and benign. It's a time to underscore the importance of research, share stories of those affected, and emphasize the need for early detection, advanced treatments, and support services for patients and their families. More information can be found at braintumourresearch.org.

History of the Event

Brain Tumour Awareness Month, while observed globally, has deep-rooted connections in various organizations that tirelessly advocate for research and support in the field of neuro-oncology. Their collective efforts over the years have made March a focal point for raising awareness, pooling resources, and amplifying the voices of those affected. This month stands as a beacon of hope and solidarity for the global community, emphasizing collective action and understanding.

