



We recently received a substantial donation of over £5000 and a new Wheelchair from a married couple who have been registered with the practice for many years.

Colette, and Richard Fretwell, (pictured left on their golden wedding anniversary) have made the donations in appreciation for the services provided during Colette's long battle with Diabetes and Kidney Disease. Richard writes.....

'Diagnosed in the year 2000 Colette passed away in Hull Royal Infirmary on 8th December last year.

I accompanied Colette during many appointments with the doctors and nurses during those 23 difficult years. As part of my job in a technical capacity on the steelworks, I was required to audit suppliers to ensure compliance with appropriate standards and could not help but be impressed with how Colette was treated at the Ashby Turn Primary Care Centre. Clear explanations, meticulous checking for appropriate medication dosages and the honest but kind attitude was exemplary!

Every case is of course different and when dealing with people rather than 'machines' things have a greater probability of going wrong and the NHS is often criticised for failing in some areas. It has to be recognized that everyone has been stressed out by recent events, such as the change to electronic communication methods, particularly for the elderly, dealing with the Pandemic (Colette lost a relative who was a dedicated nurse working in the thick of it) and the constant background economic and security concerns. Not forgetting the underfunding of the NHS in general.

I must not forget to mention the new emergency centre and wards 22 & 24 at Scunthorpe and the specialist Kidney ward 50 at Hull Royal.

Thank you all once again, Richard.'

New Starter

Please welcome our new Year 5 Medical Student Prakala who is with us until the 1st March. You may be offered an appointment to see her. She is able to see patients with most problems and is overseen by one of the practice partners.



The new Pharmacy First service!!

All local highly skilled pharmacists are now equipped to provide professional advice and can prescribe NHS-funded treatment for seven common conditions:

- -Sinusitis
- -Sore throat
- -Acute otitis media
- -Infected insect bite
 - -Impetigo
 - -Shingles

-Uncomplicated urinary tract infections in women.

Don't hesitate to reach out for expert assistance!





Visit your Pharmacy First!













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MEASLES

Measles is more than just a rash and can lead to serious complications including meningitis and blindness, particularly in babies and young children. In fact, 1 in 15 children who contract measles develop serious complications.

Cases are on the rise and the disease is highly infectious.

The best way to protect your children from this serious and preventable disease is to keep their vaccinations up to date. The Measles, Mumps and Rubella (MMR) vaccine is safe and has been used since the early 1980s.

All children should receive their two doses on time at 12 months and again at 3 years and 4 months.

Check your child's red book and make contact with your practice to catch up on any missing vaccinations.

